

PRAYER 3 HANDOUT

“Do not forget that the value and interest of life is not so much to do conspicuous things ... as to do ordinary things with the perception of their enormous value.” –Teilhard de Chardin

Outward Prayer – prayer for the world around us

- Letting God’s love spill from us to others

Praying the ordinary – turn the everyday experiences of life into prayer

- Reminders to pray
 - Time at home
 - Time at work
 - Time in the neighborhood
 - Time waiting

Outward Prayer example: Praying the ordinary

- Praying the small details of your day

Intercessory Prayer – asking God to come with his power and healing into another person’s life

- Jesus is our model

- Prayer for concrete action in a specific person’s life

Outward Prayer example: Intercessory Prayer

- Prayer for the people in our lives

PRAYER 3 DISCUSSION GUIDE

Discussion starters:

1

Have you prayed for the ordinary and seemingly unimportant parts of your life? Why or why not?

2

How would your job or home life change if your actions became prayers?

3

What is your experience of praying for others?

4

Have others prayed for you? How did it make you feel?

5

Which movement in prayer – inward, upward or outward – resonated the most with you? Why?

End your discussion time with prayer. You may want to ask God to show you who needs your prayers the most.

PRAYER 3 DISCUSSION GUIDE

This Week

This week, spend some time as God's holy priest, bringing the concerns of the people and situations around you into God's presence.

- Begin by asking God to increase your love for people.
- Then ask God to give you the eyes of Jesus, so you can see as Jesus sees; the ears of Jesus, so you can hear as he hears; the heart of Jesus, so you can feel as he feels.
- Now begin by praying for:
 - Your family
 - Your friends
 - Those you have promised to pray for
 - Those you foolishly consider your enemies
 - Those God brings to your mind

End by thanking God that Jesus intercedes for us all and allows us the privilege to come before the throne of God.